Tracking Sheet

Track your 80 hours of development this year.

PLAYER'S NAME:

Here are some ideas

- Attend your hockey team practices
- Register for clinics at your local hockey skill development center
- Go public skating
- Shoot pucks at a hockey net at home
- Read a hockey book
- Get your hockey equipment cleaned and tuned up at your local equipment retailer
- Attend a Junior or Professional hockey game and take notes

Date	Location	Activity	Duration
		Page 1 sub-total	

Date	Location	Activity	Duration
		Page 2 sub-total	

Date	Location	Activity	Duration
		Page 3 sub-total	
		TOTAL HOURS OF DEVELOPMENT ACHIEVED (Page 1+2+3 sub-totals)	

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